

healthpoints

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Message from the Chairman

Welcome, and thank you for taking a few minutes to catch up with happenings in the Department of Surgery. This special issue provides an update about our expanded practice locations and introduces you to the new faculty members who have joined our department this fall. We are very pleased to be able to offer so many convenient locations in New York and New Jersey for our patients, and we are thrilled at the addition of so many talented surgeons across the range of our surgical specialties.

I hope you will consider joining us at our annual Pancreatic Cancer Awareness Day November 7. This free community event is a unique opportunity for patients and families to hear directly from our specialists about advances in pancreatic cancer detection and treatment, as well as the experiences of other patients.

Wishing you a safe and pleasant Fall,

Craig R. Smith, MD, FACS, Chairman, Department of Surgery

Compassion in Action, Across the Miles

Four children in New York will get to grow up with their mother, thanks to a donor halfway across the nation.



Yitzchok Pinkesz

Like many older teens, 17-year-old Yitzchok Pinkesz began questioning the traditions of his youth. In his case, that included tenets held closely by his ultra-orthodox Jewish community – one of which prohibited organ donation after death. He had learned about the life-saving benefits of organ transplantation, and he grew determined to change his community's view on the matter.* Although his one-man campaign did not change as many hearts and minds as he'd hoped, they did lead him to meet a very special kind of matchmaker – Chaya Lipschutz, who explained that he could donate an organ – at that time, only a kidney – while alive. Living donation was accepted by the ultra-orthodox community, so in 2010 Yitzchok set out to offer what he could: a healthy kidney.

Chaya had responded to a newspaper ad and donated a kidney in 2005. That inspired a determination to save even more lives, and she began recruiting kidney donors for patients in the U.S. and Israel through Jewish Yahoo groups, Craigslist posts, Facebook, and even handmade flyers she posted around the neighborhood. Thrilled to have an opportunity to be of service, 20-year-old Yitzchok offered a kidney to a patient on Chaya's list in 2010.

More from the Department of Surgery experts at:

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However upon evaluation at another NY hospital, he was found ineligible due to a 'pelvic kidney,' a harmless condition in which his kidney was located lower in the body than the normal position. Disappointed at being turned down as a donor, Yitzchok moved on.

March, 2015: By this time, Chaya's grassroots efforts had successfully matched dozens of recipients with kidney donors. Now someone on her list, a 43-year-old mother of four in New York, needed a liver transplant. Until the fall of 2014, New York State regulations did not allow people to donate portions of their liver to a stranger (called altruistic donation) as they would allow for kidneys, and Chaya had never focused her efforts on finding liver donors. But this restriction was lifted in 2014, and Chaya learned that NewYork-Presbyterian/Columbia would now accept altruistic liver donors (most other hospitals still do not). Chaya remembered young Yitzchok, who was now in Wisconsin with his family, working as a software developer. She called. Would he be interested?

Yitzchok knew he wanted to help, and with his wife's support, he said yes. Not only was he willing to travel to New York for the procedure, but his employer paid him for a full month so he need not worry about lost wages. Dr. Benjamin Samstein performed the procedure to remove about a quarter of Yitzchok's liver on a Tuesday in July, 2015. Both his procedure and the transplant went smoothly, and Yitzchok had few complaints about his recovery. "The worst part was the catheter I had to have for two days, and that was a relatively minor thing," he says. By Saturday, he was showering and dressing on his own, and he was discharged Sunday. "I had to remain in New York for a month because Columbia required that I remain nearby for monitoring, but I was ready to go back to work two weeks after surgery," says Yitzchok.

While his decision to give part of his liver to a complete stranger made perfect sense to Yitzchok, he is a step ahead of many. "This is the first case we are aware of in which someone has flown halfway across the country and donated a portion of his liver to a complete stranger," says Dr. Samstein.

For Yitzchok, the decision to donate was simple. "I have two children. If I had end-stage organ disease, I could not bear to tell my children that I am dying, and subject them to the process of my dying over the next year. If the pain of two children suffering is too great, what of four?"

"I believe that if anyone is considering a kidney donation, there is little reason not to do it. You can be up and running in just a few days. With liver donation, the bigger question is financial – can you afford to go without work for a few weeks?" As for donating organs upon death, his view is unequivocal: "Organ donation is something every one of us can do. Burying those organs when we die is selfish and wasteful."

Yitzchok's example has since inspired several friends to register as organ donors and has led one to offer to donate a kidney at the University of Wisconsin hospital. The recipient of Yitzchok's liver, who would have soon died without a new liver, is recovering well and can expect a bright future with her family. ■

**Many orthodox Jews, including rabbis, do support organ donation. The Halachic Organ Donor Society is dedicated to increasing organ donation by Jews to the general population.*

NewYork-Presbyterian is the largest living donor program in New York, and has performed more than 100 living donor transplants since 2010.



NewYork-Presbyterian/Columbia University Medical Center
CTEPH-PTE Program

Chronic Thromboembolic Pulmonary Hypertension (CTEPH) and Pulmonary Thromboendarterectomy (PTE):

A Conversation with the Experts

October 22, 2015 • 11am –12pm (EST)

For information, email: info@columbiasurgery.org
Live and Interactive

New Faculty in the Department of Surgery

The Department of Surgery is delighted to welcome the following new faculty this fall.



Vincent P. Duron, MD

*Assistant Professor of Surgery
Division of Pediatric Surgery
Morgan Stanley Children's Hospital
Tel: 212.342.8586*

An experienced pediatric surgeon, Dr. Vincent Duron's expertise includes neonatal anomalies, minimal access surgery, and the critical care treatment of pediatric surgical and trauma patients. He has a special interest in improving access to surgical care in developing countries, and has been involved in global health projects in Russia, Cameroon, Malawi, Kenya, and Peru. Throughout his years of training, Dr. Duron's clinical research led to publication of multiple articles in pediatric trauma and global health issues.

In addition to providing pediatric surgical care to the patients of CHONY, Dr. Duron is Surgical Director of the Pediatric Intensive Care Unit where he collaborates with the unit's intensivists on protocol and evidence-driven measures to treat the sickest surgical patients. In particular he is interested in the study of fluid resuscitation and respiratory failure in the pediatric surgical and trauma patient. Dr. Duron has received multiple research and teaching awards including the Gold Foundation Humanism and Excellence in Teaching Award.



Arpan Goel, MD

*Assistant Professor of Surgery
NewYork-Presbyterian/Lawrence
Hospital
Tel: 914.787.4000*

Dr. Arpan Goel, MD, general and bariatric surgeon, has a special interest in abdominal wall hernia repair and abdominal wall reconstruction. Dr. Goel's appointments prior to arriving at Columbia include Attending Surgeon at WestMed Medical Group and at Harlem Hospital Center. Dr. Goel received the 2014 Attending Teaching Award at Harlem Hospital Center, and was named Outstanding Resident Teacher three years in a row at Montefiore Medical Center (2005 – 2007).



Beth Hochman, MD

*Assistant Professor of Surgery
Division of General Surgery
Tel: 212.342.1734*

Dr. Beth R. Hochman is an attending surgeon in both the Acute Care Surgery service and the Surgical and Cardiothoracic Intensive Care Units. Her clinical interests include the full spectrum of trauma, emergency surgery, and surgical critical care.

Though she has published in a variety of clinical sources and completed a Clinical Research Certificate program at the University of Pennsylvania Center for Clinical Epidemiology & Biostatistics, Dr. Hochman's research interests lie in collaborative efforts in translational medicine, having recently served as a clinical fellow in the BIOLines Laboratory at the University of Pennsylvania School of Engineering and Applied Science (SEAS). She is also very interested in medical student and resident education, including international medical opportunities. To date, she has participated in medical initiatives in Peru, Chile, Sweden, India, and Kenya.

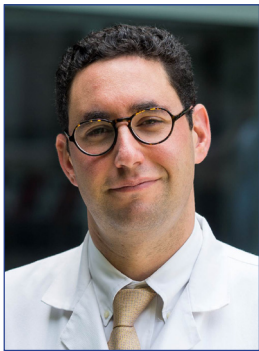


Thomas Imahiyero, MD

*Instructor of Surgery
Division of Plastic Surgery,
Morgan Stanley Children's Hospital
Tel: 212.305.5868*

Thomas A. Imahiyero, MD is an expert in the treatment of cleft lip, cleft palate, craniosynostosis, frontal facial advancement and orthognathic (jaw) surgery. He also specializes in the care of adult cosmetic and reconstructive surgery of the head and neck. In his role at the Craniofacial Center at Morgan Stanley Children's Hospital, Dr. Imahiyero will care for patients of all ages with craniofacial differences. Dr. Imahiyero is the author of numerous academic publications and recipient of many honors and awards, including recognition by NewYork-Presbyterian Hospital for his outstanding patient care.

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David Kalfa, MD, PhD

*Assistant Professor of Surgery,
Section of Pediatric and
Congenital Cardiac Surgery,
Columbia University Medical
Center*

*Adjunct Assistant Professor
of Surgery, Department of
Cardiothoracic Surgery,
Weill Cornell Medical College
Tel: 212.305.0423*

A native of France, Dr. David Kalfa is a Board-certified cardiothoracic surgeon with a subspecialization in pediatric cardiac surgery. Dr. Kalfa specializes in minimally invasive congenital cardiac surgery, hybrid procedures, complex neonatal procedures and tissue engineering in the field of congenital cardiac diseases. He has received multiple French and international awards and grants supporting his research between 2008 and 2015, and was appointed as a medical/research expert for the National Biomedical Agency. He co-patented a polymeric bioresorbable valved cardiovascular prosthesis in 2013.

Dr. Kalfa is leading numerous European and North-American multicentric studies about outcomes after repair of complex congenital cardiac defects and neuropsychological outcomes. He is Principal Investigator of a 7-partner European consortium aiming at creating a tissue-engineered living and autologous valved conduit for repair of complex congenital cardiac disease (European Research FP7 Grant of more than 4.5 Millions of Euros).



Abraham Krikhely, MD

*Assistant Professor of Surgery
Bariatric and Minimally Invasive
Surgery*

Tel: 212.305.4000

Dr. Abraham Krikhely is an experienced general and bariatric surgeon who specializes in hernia surgery, surgical treatment of GERD and hiatal hernias, benign and malignant gastrointestinal disease, and robotic surgery. He routinely publishes in his field and presents at national and international meetings.

Dr. Krikhely completed his undergraduate degree from NYU Stern School of Business and his medical degree from NYU School of Medicine. He performed his residency training in General Surgery at NYU School of Medicine, after which he completed his fellowship training in Bariatric

and Minimally Invasive Surgery at Montefiore Medical Center. He then joined the full-time faculty at Maimonides Medical Center, where he built a successful practice focusing on bariatric and minimally invasive abdominal surgery



Emmanouil Pappou, MD, PhD

*Assistant Professor of Surgery
Division of Colorectal Surgery
Tel: 212.342.1155*

Dr. Emmanouil Pappou's clinical interests include the entire spectrum of colorectal surgery including benign and malignant conditions, anorectal, abdominal and pelvic surgery, as well as minimally invasive techniques including laparoscopic, robotic and endolumenal procedures. Serving as surgical lead for the Pelvic Floor program, Dr. Pappou is well versed in minimally invasive approaches including robotic surgery and sacral neurostimulation (SNS).

Dr. Pappou's position also includes leadership in clinical and laboratory research and outcomes within the Division of Colorectal Surgery. He has a keen interest in research and is an author on numerous publications in peer-reviewed journals, published abstracts, oral presentations and book chapters. He has received numerous prestigious awards, including the Johns Hopkins George D. Zuidema Research Award for Meritorious Laboratory Research for work on novel chemotherapy treatments in colorectal cancer.



Shilpa Ravella, MD

*Assistant Professor of Medicine
Department of Medicine, Division of
Abdominal Organ Transplantation
Tel: (646) 830-0797*

Dr. Shilpa Ravella has been recruited to NYP/Columbia to lead the adult small bowel program as well as spearhead the GI evaluations for abdominal transplant patients. Her collaboration with Department of Surgery faculty is integral in the care of patients with liver and gastrointestinal disease. She is fully trained in general gastroenterology and has a strong background in intestinal disease, having completed advanced training in both inflammatory bowel disease and nutritional management of GI disorders. In addition to working closely with the intestinal transplant team, Dr. Ravella also works as a member of the Division of Gastroenterology and Hepatology.

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Department of Surgery New Practice Locations

Caring for Patients in Manhattan and Beyond

Many patients want the expertise they know they'll find at NYP/Columbia, but may find it inconvenient to travel to the uptown campus. They are in luck, for the Department of Surgery now offers services at fourteen locations beyond the uptown Columbia campus at 168th Street, New York. At this time, patients may schedule appointments at the following locations:

ColumbiaDoctors Midtown

51 West 51st Street, NY 10019

Colorectal Surgery: *P. Ravi Kiran, MBBS*

Liver and Abdominal Transplantation: *Tomoaki Kato, MD*

Breast Surgery: *Margaret Chen, MD*

Endocrine Surgery: *Jennifer Kuo, MD*

Hernia Surgery: *Peter Geller, MD*

Plastic & Reconstructive Surgery: *Jeffrey Ascherman, MD*

NewYork-Presbyterian/Lawrence Hospital

685 White Plains Road, 2nd floor
Eastchester, NY 10709

Bariatric Surgery: *Arpan Goel, MD, Miguel Silva, MD*

Breast Surgery: *Preya Ananthakrishnan, MD*

Colorectal Surgery: *Emmanouil Pappou, MD, PhD*

General Surgery: *Spencer Amory, MD, Allen Chefitz, MD*
Arpan Goel, MD

Vascular Surgery: *Gary Tannenbaum, MD*

NewYork-Presbyterian/Allen Hospital

5141 Broadway, NY 10034

General Surgery: *Spencer Amory, MD*
Zachary Gleit, MD

Vascular Surgery: *Richard Schutzer, MD*

NewYork-Presbyterian/Hudson Valley Hospital

1978 Crompond Road, Ste. 101
Cortlandt Manor, NY 10567

Colorectal Surgery: *Daniel Feingold, MD*

Liver Transplant and Hepatobiliary Surgery: *Jean Emond, MD*

NewYork-Presbyterian/Riverdale

3050 Corlear Ave, Bronx NY 10403

Colorectal Surgery: *Steven Lee-Kong, MD*

Vascular Surgery: *Richard Schutzer, MD*

Center for Advanced Surgery

1554 Astor Avenue, Bronx, NY 10469

Bariatric Surgery: *Miguel Silva, MD*

General Surgery: *Allen Chefitz, MD*

Englewood Hospital and Medical Center

500 Grand Avenue, First Floor, Englewood, NJ 07631

Pediatric Surgery: *Steven Stylianos, MD*

Holy Name Hospital

718 Teaneck Rd, Teaneck, NJ 07666

Liver Transplant and Hepatobiliary Surgery:
James Guarrera, MD

Lawrence Medical Associates

540 Gramatan Avenue, Mt. Vernon, NY 10662

Bariatric Surgery: *Miguel Silva, MD*

Palisades Medical Center

7600 River Rd, North Bergen, NJ 07047

Breast, Melanoma: *Bret Taback, MD*

Paramus, New Jersey

140 Route 17, Suite 102, Paramus, NJ 07652

Bariatric Surgery: *Marc Bessler, MD, Giovanni Dugay, NP*
Beth Schrope, MD, PhD

Scarsdale New York

688 White Plains Road, Suite 223
Scarsdale, NY 10583

Pediatric General and Bariatric Surgery:

Gudrun Aspelund, MD, William Middlesworth, MD
Jeffrey Zitsman, MD

St. Joseph's Regional Medical Center

703 Main St, Paterson, NJ 07503

Pediatric Cardiac Surgery: *Emile Bacha, MD,*
Paul Chai, MD

Valley Hospital

223 N. Van Dien Ave, Ridgewood, NJ 07450

Adult Hepatology: *Lorna Dove, MD*
Damaris Carriero, NP

Yonkers

984 N. Broadway, Yonkers NY 10701

General Surgery: *Allen Chefitz, MD*
Vascular Surgery Office: *Gary Tannenbaum, MD*



Richard Schutzer, MD, RVT, FACS, FICA

*Assistant Professor of Surgery
Division of Vascular Surgery and Endovascular
Interventions
Tel: 212.305.8591*

Dr. Richard Schutzer arrives from North Shore/LIJ, where his expertise in limb salvage, dialysis access and percutaneous aneurysm repairs had other vascular surgeons referring him their most complicated patients. In his position at NYP/Columbia, Dr. Schutzer will continue to focus on these interests as well as venous insufficiency. He also performs spinal approaches during orthopedic surgeries.

After performing his residency at St. Luke's-Roosevelt Hospital, Dr. Schutzer completed a vascular fellowship and training in advanced endovascular techniques at Cleveland Clinic. During his nine years at North Shore/LIJ, he performed more than 600 cases per year with a notably low complication rate. A co-author of more than 30 publications, he lectures widely and currently serves as an editor for the *International Journal of Angiology*.



Gary Tannenbaum, MD, RVT, FACS

*Director of Vascular and Endovascular Surgery
NewYork-Presbyterian/Lawrence Hospital
Tel: 914.965.2606*

Recognized as an accomplished general surgeon as well as a vascular surgeon, Dr. Gary Tannenbaum is proficient in both open and endovascular techniques. In his practice at Lawrence Hospital, he will provide the full range of procedures for carotid artery disease, aortic aneurysm, lower arterial disease, dialysis access, and cosmetic vascular procedures. His most recent research involves drug therapies for lower extremity vascular disease.

Dr. Tannenbaum earned his MD from Columbia University College of Physicians & Surgeons in 1983, after which he continued at NYP/Columbia for his internship, residency, and research fellowship. Post-residency training included critical care anesthesia at NewYork-Presbyterian/Columbia and general vascular surgery at New England Deaconess Hospital, Harvard Medical School. During his 20 years in private practice in the tri-state area, he served as Director, Department of Surgery; Chief, Division of Vascular Surgery; Medical Director, Wound Healing Center; and Medical Director, Vascular Laboratory at St. John's Riverside Hospital, Yonkers, New York.



SAVE THE DATE

**Annual
Pancreatic Cancer
Awareness Day**

**Saturday, November 7, 2015
1:00 to 3:00pm**

**Vivian and Seymour Milstein Family
Heart Center
Myrna L. Daniels Auditorium
173 Fort Washington Avenue, NYC**



Every November, the Pancreas
Center hosts its annual
Pancreatic Cancer Awareness
Day, where clinicians present
on the latest advances in
pancreatic care and survivors
share their experiences.

A health fair and refreshments
will follow.



For information and
reservations please contact:
Christine Rein
Tel: 212.304.7814 • E-mail:
cmr2146@cumc.columbia.edu
Register online:
www.columbiasurgery.org/events

Still can't find what you are looking for?

With almost 5000 pages on our web site, we probably have it covered.
Use the search bar located on the top of every page at

