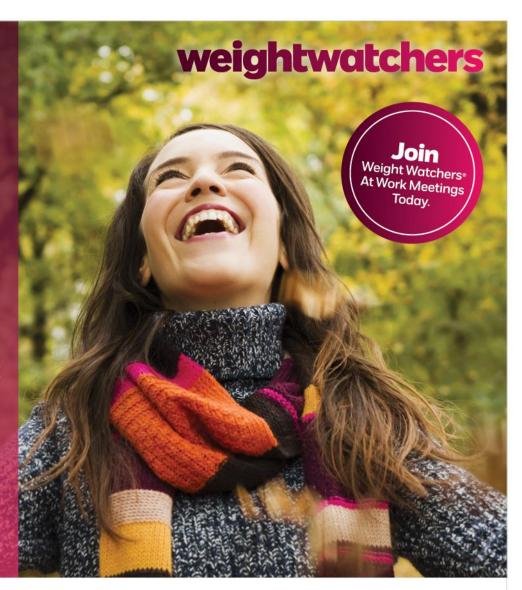
start your fall with an amazing free* offer!

Purchase a 12-week At Work Meeting Series* and get

ONE week free

a 17-week At Work Meeting Series* and get

TWO weeks free.



Members receive:

- · Guidance from an experienced Weight Watchers Leader & group support from co-workers
- Weekly meetings that fit perfectly into the busy workday
- FREE access to Weight Watchers eTools[†], our Internet weight-loss companion

Learn how to start a Weight Watchers® 12-week OR 17-week At Work Meeting Series here.

If you would be interested in joining a Fall Weight Watchers At Work Meeting Series conveniently located here in Parker Plaza during your lunch hour 1x per week, please contact me for more information. If we have enough interest, meetings will commence this Fall!

Contact: Christine Rein, Columbia University - Department of Surgery, Office of External Affairs E-mail: cmr2146@cumc.columbia.edu

*Offer: Offer available to New and Renewing Clients only and must be redeemed in participating At Work meeting locations, not available in traditional meeting locations. Total payment required in advance. Joining member will be charged for a 12-week At Work meeting series or a 17-week At Work meeting series on a will get one extra week OR two extra weeks added to the end of the applicable series duration respectively. Offer not transferable and prices are subject to change. May not be redeemed for cash. Further restrictions may apply. Offer ends 10/3/14.

Series: Minimum enrollment required to start an At Work meeting series. Available only in participating areas.

'Available to those who have pre-purchased an At Work meeting series at the start of the meeting series. Such members will get a subscription for either 14 weeks or 19 weeks of free eTools; the length of free eTools subscription is dependent on the length of the At Work meeting provided. Free eTools subscription offer not available in local Weight Watchers meetings. Member's eTools subscription will automatically renew each month at standard rate (currently \$18.95, which is subject to change) per month, unless cancelled before the end of the 14-week or 19-week subscription to eTools. Visit www.weightwatchers.com/cancel for instructions on how to cancel. Subscription is not transferable.