

## REACH\* Clinic Information Sheet for Parents

### Esophagogastroduodenoscopy (EGD or Upper Endoscopy)

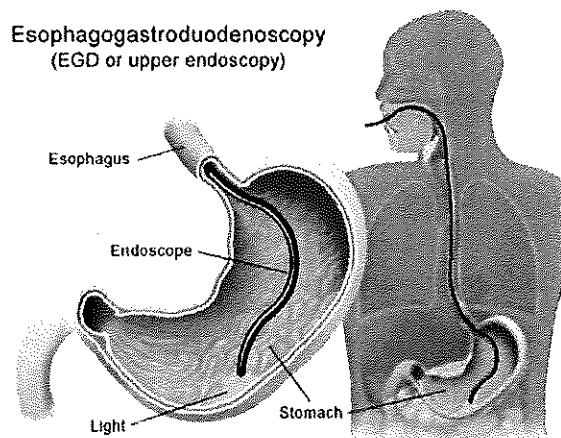
#### Esophago/gastro/duodeno/scopy procedure (EGD)

**Esophago** – refers to the esophagus, the tube that carries food to the stomach

**Gastro** – refers to the stomach

**Duodeno** – refers to the duodenum which is the upper part of the small intestine

**Scopy** – using an instrument for looking



This procedure is also called an *Upper Endoscopy*

It allows your physician to look inside the upper gastrointestinal system to monitor special conditions or to check for new signs of:

- Reflux – stomach contents that back up into the esophagus
- Bleeding

*or* to find out what may be causing:

- vomiting
- pain
- trouble swallowing
- not growing as expected

**How the EGD test is done:**

The procedure is done in a fully equipped special endoscopy room.

Medications are given to help your child fall asleep. You may stay with your child until he/she falls asleep.

A small, flexible tube (scope) with a light and camera helps the doctor to examine the inside of the esophagus, stomach and duodenum.

Pictures may be taken with the scope, and a small sample of tissue (biopsy) may be taken for further examination in the laboratory.

The day before the procedure, a nurse will call you to give you instructions for the night before and the day of the test, and to answer any questions you may have.

The procedure itself takes about 20 to 30 minutes. After the procedure your child is monitored during recovery until fully awake. You may be with your child during this time. Once your child can swallow liquids, preparation is made for discharge.

Your physician will call you with the procedure results within a week. In the unlikely event that you have not received a call within a week, do not hesitate to call and check.

**Contact Information:**

Dr. Middlesworth – 212-242-8585

Dr. Khlevner – 212-305-5903

Outside of normal 9am to 5pm business hours, call 212-305-2418 - Post Anesthesia Care Unit (PACU).